



APRIL ACTIVITIES



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

April is National Volunteer Month

NEED A RIDE?
Call the Liberty Access Bus
at **816.439.4397**

Silver Center Hours:
Monday-Friday:
8 a.m.-2 p.m.
Liberty Community Center

3
BINGO 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.
Common Reaction to Grieving 10:45 a.m.

4
Bridge 8:30 -11 a.m.
Open Game Table 9 a.m.
Bible Study 12:45-2 p.m.

5
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Line Dancing 12-1 p.m.
Brain Series: The Science of Happiness 11a.m.

6
Bridge 8:30 -11 a.m.
Open Game Table 9 a.m.
Planting Flowers& Succulents 11 a.m.
Understanding Your Grief 12:45-2 p.m.

7
BINGO 9 a.m.
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

10
BINGO 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

11
Bridge 8:30 -11 a.m.
Open Game Table 9 a.m.

12
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Line Dancing 12-1 p.m.
Brain Series: Sleep is Your Super Power 11 a.m.
Blood Pressure Checks 10 a.m.

13
Bridge 8:30 -11 a.m.
Open Game Table 9 a.m.
Grief Support: Living Life 12:30 - 1:30 p.m.

14
BINGO 9 a.m.
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

17
BINGO 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

18
Bridge 8:30 -11 a.m.
Open Game Table 9 a.m.
Bible Study 12:45-2 p.m.

19
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Line Dancing 12-1 p.m.
Brain Series: Don't Make Yourself Miserable 11 a.m.

20
Bridge 8:30 -11 a.m.
Open Game Table 9 a.m.
Understanding Your Grief 12:45-2 p.m.

21
BINGO 9 a.m.
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.

24
BINGO 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.
Senior Council Mtg. 10:30 a.m.

25
Bridge 8:30 -11 a.m.
Open Game Table 9 a.m.

26
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Line Dancing 12-1 p.m.
Blood Pressure Checks 10 a.m.

27
Bridge 8:30 -11 a.m.
Open Game Table 9 a.m.
Grief Support: Living Life 12:30 - 1:30 p.m.

28
Birthday Celebration
Open Game Table 9 a.m.
Entertainment by: DJ Carrie 10:30 a.m.

APRIL MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Reserve Your Meal

Please call **816.439.4368** by noon prior to the day you want to eat.

- Lunch is served at 11:30 a.m. Mon. - Fri.
- Suggested meal donation of \$2
- 1% milk w/ lunch

3 BBQ Chicken on Bun

- Mix Vegetables
- Potato Salad
- Tropical Fruit

4 Seasoned Diced Chicken w/ Tortilla

- Salad w/ Ranch Dressing
- Chuck Wagon Corn
- Stewed Apples

5 Mostaccioli w/ Meat Sauce

- Italian Vegetables
- Salad w/ Italian Dressing
- Mix Fruit
- Graham Crackers
- Italian Bread Stick

6 Meatloaf

- Mashed Potatoes w/ Gravy
- Fiesta Vegetables
- Pears & Strawberries
- Dinner Roll

7 Fish (Breaded)

- Pickled Beets
- Green Beans
- Fruit Mix
- Graham Crackers
- Wheat Bread

10 Sloppy Joe's w/ Bun

- Potato Wedges
- Mixed Vegetables
- Apple Slices

11 Parmesan Chicken

- Penne Pasta
- Broccoli
- Salad w/French Dressing
- Banana
- Wheat Bread

12 Taco Salad w/ Corn Chips

- Cheese, Lettuce, Tomatoes & Pinto Beans
- Orange

13 Scrambled Eggs & Sausage

- Sausage Links
- Hash browns
- Biscuit
- Applesauce
- Oatmeal Square

14 Chili

- Shredded Cheese
- Salad w/French Dressing
- Peach Cobbler
- Crackers

17 Seasoned Chicken Breast

- Au Gratin Potatoes
- Broccoli
- Pineapple Fruit Mix
- Graham Crackers
- Wheat Bread

18 Salisbury Steak w/ Gravy

- Sweet Potatoes
- Broccoli
- Citrus Fruit Cup
- Shortbread Cookies
- Wheat Bread

19 Chicken Strips

- Potato Wedges
- Salad w/ French Dressing
- Orange
- Multigrain Bread

20 Beef Stew

- Salad w/ Ranch Dressing
- Banana
- Oatmeal Raisin Cookie
- Corn Muffin

21 Meatball Sub

- Hoagie Bun
- Vegetable & Kale
- Salad w/ Italian Dressing
- Orange

24 Beef Mac Casserole

- Green Beans
- Pears
- Banana Pudding w/ Vanilla Wafers
- Wheat Bread

25 Battered Tilapia

- Sweet Potatoes
- Creamy Coleslaw
- Peaches & Strawberries
- Oatmeal Raisin
- Wheat Bread

26 Chicken Fried Steak

- Mashed Potatoes w/ Gravy
- Green Beans
- Citrus Fruit Cup
- Short Bread Cookie
- Wheat Dinner Roll

27 Hamburger on Bun

- Salad w/ Ranch Dressing
- Sweet Potato Wedges
- Banana

28 Birthday Celebration Oven Fried Chicken

- Mashed Potato w/ Gravy
- Green Beans
- White Cake
- Orange Sherbet