



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

CLOSED



3
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.
Bible Study 12:45-2 p.m.

4
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Learn to Play Bridge 9 a.m.
Line Dancing 12-1 p.m.

5
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.

6
BINGO 9 a.m.
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

9
BINGO 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

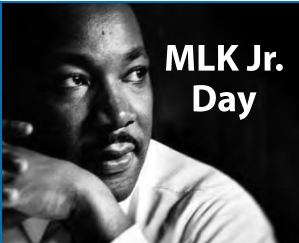
10
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.

11
FREE Blood Pressure Checks
 8:30-9:30 a.m.
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Learn to Play Bridge 9 a.m.
Line Dancing 12-1 p.m.

12
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.
Grief Support: Living Life
 12:30 - 2 p.m.

13
BINGO 9 a.m.
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

CLOSED



17
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.
Bible Study 12:45-2 p.m.

18
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Learn to Play Bridge 9 a.m.
Line Dancing 12-1 p.m.

19
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.

20
BINGO 9 a.m.
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

23
BINGO 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.

24
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.

25
FREE Blood Pressure Checks
 8:30-9:30 a.m.
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Learn to Play Bridge 9 a.m.
Line Dancing 12-1 p.m.

26
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.
Grief Support: Living Life
 12:30 - 2 p.m.

27 Birthday Celebration
Silver Stitchers 9 a.m.
Open Game Table 9 a.m.
Entertainment by: Melissa & Company 10:30 a.m.

30
BINGO 9 a.m.
Open Game Table 9 a.m.
Adult Coloring 9 a.m.
Senior Council Mtg. 10:30 a.m.

31
Bridge/Canasta 8:30 -11 a.m.
Open Game Table 9 a.m.

Silver Center Hours:
 Monday-Friday:
 8 a.m.-2 p.m.
 Liberty Community Center

Need a Ride?
 Call the Liberty Access
 Bus at **816.439.4397**

Weather Cancellations
 Call the Rainout Line for
 Silver Center status in the
 event of weather.
816.735.4700 ext. 4



MONDAY

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3
Swiss Steak

- Mashed Potatoes
- Peas/ Carrots
- Apple Slices
- Multigrain Bread

4
BBQ Chicken on Bun

- Mix Vegetables
- Potato Salad
- Tropical Fruit

5
Chicken Fried Rice

- Stir Fry Vegetables
- Coleslaw
- Pineapple
- White Bread

6
Beef Mac Casserole

- Mixed Vegetables
- Pears
- Banana Pudding w/ Vanilla Wafers
- Wheat Bread

9
Fish (Breaded)

- Coleslaw
- Spinach
- Tropical Fruit Mix
- Wheat Bread

10
Hamburger on Bun

- Salad w/ Ranch
- Steak Fries
- Banana

11
Swedish Meatballs w/ Gravy

- Brown Rice
- Stewed Tomatoes
- Green Beans
- Fruit Delight

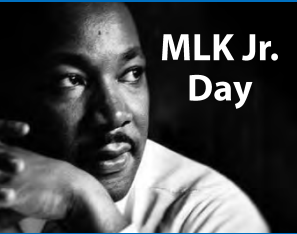
12
Meatloaf

- Mashed Potatoes w/ Gravy
- Fiesta Vegetables
- Pears & Strawberries
- Dinner Roll

13
Mostaccoli w/ Meat Sauce

- Italian Vegetables
- Salad w/ Italian Dressing
- Mix Fruit
- Italian Bread Stick
- Graham Crackers

CLOSED



17
Breakfast for Lunch

- Scrambled Eggs
- Turkey Sausage
- Hash Browns
- Oatmeal and Applesauce

18
Taco Salad w/ Nacho Chips

- Cheese
- Lettuce and Tomatoes
- Pinto Beans
- Orange

19
Seasoned Diced Chicken w/ Tortilla

- Salad w/ Ranch Dressing
- Chuck Wagon Corn
- Stewed Apples

20
Sloppy Joe's w/ Bun

- Au gratin Potatoes
- Mixed Vegetables
- Peaches & Strawberries

23
Battered Tilapia

- Sweet Potatoes
- Spinach
- Trop Fruit Mix
- Shortbread Cookies
- Wheat Bread

24
Chicken Fried Steak

- Mashed Potatoes w/ Gravy
- Green Beans
- Citrus Fruit Cup
- Wheat Dinner Roll

25
Beef Stew

- Salad w/ Ranch Dressing
- Banana
- Corn Muffin

26
Chili

- Shredded Cheese
- Salad w/French Dressing
- Peach Cobbler
- Crackers

27 **Birthday Celebration**
Oven Fried Chicken

- Mashed Potato w/ Gravy
- Broccoli
- White Cake
- Strawberry Ice Cream

30
Seasoned Chicken Breast

- Au Gratin Potatoes
- Broccoli
- Pineapple Fruit Mix
- Graham Crackers
- Wheat Bread

31
Tuna Noodle Casserole

- Cauliflower & Peas
- Cucumber & Onion Salad
- Banana
- Wheat Bread

- Lunch is served at 11:30 a.m. Mon. - Fri.
- Suggested meal donation of \$2
- 1% milk w/ lunch

Reserve Your Meal
Please call **816.439.4368** by noon prior to the day you want to eat.

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816.735.4700 ext. 4