



MEALS on WHEELS LIBERTY

Volunteer Opportunities

Deliver

Liberty Meals on Wheels needs regular drivers and substitute drivers to deliver more than 300 meals on a weekly basis. "Regular" drivers are those who can commit to delivering meals once a week for an extended period of time. "Substitute" drivers are called on about once a month to fill in when the regular drivers are unable to deliver on their usual day.

Donate

While some of our recipients are able to cover the cost of their meals, others are unable to do so. Everyone who qualifies for our program is served regardless of their financial status. Each donation to Liberty Meals on Wheels helps to deliver a nutritious meal, a friendly visit and a safety check to seniors and disabled persons in our community.

- Amazon Smile
- Facebook Fundraiser

Phone Buddy

Help us combat loneliness and isolation some seniors may feel. A weekly phone call to a senior in our community has the power to uplift spirits and create a sincere connection between two individuals.

Holiday cards/gifts for recipients and volunteers

A simple holiday card or small craft brightens the recipients day like no other! Our volunteers will happily distribute cards/gifts to the recipients while they make their daily meal delivery. We also strive to make sure our volunteers are acknowledged as well. A simple gesture goes a long way!

Snow Squad (Seasonal)

The Snow Squad pairs volunteers (often high school students) up with a recipient ideally in the volunteer's neighborhood. Volunteers shovel the recipients' driveway when there is over 2 inches of snow on the ground.

Spring/Fall Clean Up (Seasonal)

A handful of seniors need help each season with yard work. This opportunity lets you and the senior discuss what needs to be done in their yard and accommodate your schedule to complete the tasks.

QUESTIONS?